



Sharon Elaine Good

October 14, 1932 - September 17, 2020

Sharon Elaine Holwerda Good, 87, passed away in Adelphi, MD on September 17, 2020.

She was born October 14, 1932 in Indianapolis, Indiana. After attending college at Indiana University, majoring in Mathematics and Education, she migrated to the Washington, DC area. During an era when few women worked professionally full time, she worked for the Navy at the former David Taylor Model Basin in the new field of computers where she supported and programmed main frame computers.

She was active in the lives of her 5 children and participated in their Boy and Girl Scouting activities, and became active in officiating at track and field events.

Upon retirement, when not competing herself, she became a nearly full time track and field official; most often officiating throwing events and judging racewalking. Until a stroke 4 years prior to her death, she was active in and a board member of the Potomac Valley Track Club. The club awarded her the President's Award three times and the Ed Barron Memorial Service Award twice. She holds records for 80+ year hammer and weight throws. She was inducted into the Maryland Senior Olympics Hall of Fame in 2019.

Sharon was also a stamp collector and prolific reader.

She is preceded in death by her son, Tim Good, and former husband, Richard Good. She is survived by children: Kathy(Keg) Good, Chris Good, Gwen Adams, and Ted Good; and grandchildren: Io Good, Gwen Neuhaus, Daniel Neuhaus, and Danielle Adams.

An event will be planned in the future in conjunction with a track and field activity.