



## Ben Adhem Reynolds

May 18, 1950 - September 21, 2023

Ben Adhem Reynolds, 73, of Annapolis, MD passed away on September 21, 2023.

Ben was born on May 18, 1950 to Nellie Reynolds in Buffalo, NY. After graduating high school in Corning, NY, Ben traveled to San Francisco, CA, where he attended U.C. Berkeley and was part of the counterculture movement in the 1970's. Later, he worked in computer support and as a general contractor and finish carpenter remodeling classic Victorians and other older homes. He moved to Seattle, WA in the 1990's where he ultimately found his calling as a licensed massage therapist specializing in cranial sacral therapy. While in Seattle, he and his first wife welcomed a daughter into the world. Following his divorce, Ben met his wife Michelle, with whom he shared his last 28 years. Ben and Michelle lived in various parts of the country due to her career. Wherever they were, Ben brought a warm smile to everyone with his dry sense of humor and his kind and generous heart.

During his retirement, Ben spent his time sailing, camping, working on home improvement projects, grilling on the back porch, walking the dog and

spending time with his family. Ben shared his love of the outdoors and home improvement with his daughter, Alena. Ben loved his family deeply and was deeply loved. A long-time yogi and meditator, Ben was a member of the Upaya Zen Center in Santa Fe, NM.

Ben was predeceased by his mother Nellie. He is survived by his wife Michelle Reynolds Elekonich and his daughter Alena Reynolds, her husband, Taylor Kaiser and her mother Stephanie Reynolds.

His final wish was to be cremated and have his ashes scattered. A Celebration of Life will be held at a later date.

# Tribute Wall

IA

“ *With deepest sympathies and fond memories of Ben's humor and wit.*

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**Irv and Agi** - October 30, 2023 at 11:05 AM

BZ

“ *In celebration of Ben's life, and with deepest sympathy*

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**Bill Zamer** - October 16, 2023 at 05:35 PM

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“ *We are deeply sorry for your loss ~ Simplicity Cremation & Funeral Services*

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**A Memorial Tree was planted for Ben Adhem Reynolds** - September 23, 2023 at 03:49 PM